

Premium step therapy



Most medical conditions have multiple medication options. Although their clinical effectiveness may be similar, prices can vary widely. With the Step Therapy program, you get the treatment you need, usually at a lower cost.

Here's how it works:



With this program, you need to try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to the pharmacy, our system will automatically screen the medication for step therapy requirements. If your prior pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be processed. If not, the pharmacist will contact your doctor for further explanation.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the toll-free member phone number on your ID card.

Step therapy medications

If you have a prescription for any of the following Step 2 medications, you will be required to first try a Step 1 medication(s) for benefit coverage.

Condition	Step 1	Step 2
Anti-infectives		
Oral Brand Tetracyclines	<p>Any one of the following generics: doxycycline</p> <p>AND any one of the following preferred brands: Doryx MPC</p>	Adoxa, Doryx, Monodox, Targadox
Otic Agents	ofloxacin	Cetraxal , Ciprofloxacin
Cardiovascular		
Beta Blockers	carvedilol	Coreg CR
Calcium Channel Blockers	Any one of the following generics: amlodipine, perindopril	Prestalia
Renin-Angiotensin System Agents	<p>Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil</p>	Edarbi, Edarbyclor, Tekturna, Tekturna HCT
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	Altoprev, Flolipid, Livalo, Nikita, Zypitamag

Bold type = Brand-name drug

Plain type = Generic drug

Step therapy medications continued

Condition	Step 1	Step 2
Fibric Acid Derivatives	<p>Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab</p> <p>AND any one of the following preferred brands: Lipofen</p>	Fenoglide, Fibricor, Lofibra, Triglide
Antianginals	<p>Any one of the following generics or preferred brands: acebutolol, amlodipine, amlodipine-benazepril, amlodipine-telmisartan, amlodipine-valsartan, atenolol, bextaxolol, bisoprolol, carvedilol, diltiazem, diltiazem ER, felodipine ER, isosorbide dinitrate ER, isosorbide mononitrate ER, isradipine, metoprolol, metoprolol ER, nadolol, nicardipine, nifedipine, nisoldipine SR, nitroglycerin ER, pindolol, propranolol, propranolol SR, timolol, trandolapril-verapamil, verapamil, verapamil ER</p> <p>Bystolic, Dilatrate SR, Inderal XL, Innopran XL</p>	Ranexa
Central Nervous System		
ADHD Agents	<p>Any two of the following generics or preferred brands: amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, Vyvanse</p>	Adzenys XR ODT[#], Aptensio XR[#], Cotempla XR-ODT[#], Daytrana[#], Desoxyn[#], Dyanavel XR[#], Evekeo[#], Focalin XR[#], Kapvay, Metadate CD[#], Methylin[#] solution, Methylin Chew[#], Mydayis[#], Procentra[#], Quillichew ER[#], Quillivant[#], Ritalin LA[#], Zenzedi[#]
Anticonvulsants*	topiramate	Trokendi XR

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Step therapy medications continued

Condition	Step 1	Step 2
Antidepressants*	bupropion XL	Aplenzin[#]
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	Trintellix[#]
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	Fetzima[#]
Antipsychotics*	Any two of the following generics or preferred brands: aripiprazole, olanzapine, quetiapine, risperidone Saphris, Seroquel XR	Fanapt[#], Latuda[#], Vraylar[#]
Insomnia Agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	Belsomra[#]
	Any one of the following generics: zolpidem, zolpidem CR	Edluar[#], Zolpimist[#]
Migraine Agents	Any one of the following generics: rizatriptan, sumatriptan, zolmitriptan	Treximet[#], Zecuity[#]
	Any two of the following generics: rizatriptan, sumatriptan, zolmitriptan	Onxetra Xsail[#]
Neurologic Agents	gabapentin	Gralise[#]
	Any one of the following generics or preferred brands: amitriptyline, cyclobenzaprine, duloxetine Lyrica	Savella[#]

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Step therapy medications continued

Condition	Step 1	Step 2
Non-Narcotic Analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	Tivorbex
Opioid Antagonists	Narcan Nasal Spray	Evzio
Parkinson's Disease	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR Both of the following generics: rasagiline, selegiline	Rytary Xadago[#]
Women's Health	Any one of the following generics: esterified estrogens-methyltestosterone, estradiol, estradiol-norethindrone, estropipate, paroxetine, fluoxetine	Brisdelle[#]
Dermatology		
Rosacea	Soolantra	Finacea
Skin Cancer Agents	Any one of the following generics: fluorouracil, imiquimod	diclofenac gel 3% [#] , Picato , Solaraze[#] , Tolak
Topical Immuno-modulators	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone	Elidel , Eucrisa

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Step therapy medications continued

Condition	Step 1	Step 2
Endocrinology		
Diabetic Agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	Actoplus Met XR
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	Avandia, Cycloset
DPP4 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	Janumet, Janumet XR, Januvia, Jentadueto, Jentadueto XR, Tradjenta
GLP-1 Agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	Bydureon [#] , Byetta [#] , Trulicity [#] , Victoza [#]
	Any one of the following preferred brands: Bydureon[†], Byetta[†], Trulicity[†], Victoza[†], Lantus, or Toujeo	Soliqua [#] , Xultophy [#]
SGLT2 Inhibitors	Any one of the following preferred brands: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	Invokamet, Invokana, Invokamet XR, Jardiance, Synjardy, Synjardy XR
	Any one of the following preferred brands: Invokamet[†], Invokamet XR[†], Invokana[†] AND any one of the following preferred brands: Jardiance[†], Synjardy[†], Synjardy XR[†]	Glyxambi

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Condition	Step 1	Step 2
Gastroenterology		
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol	Amitiza[#], Linzess[#]
Proton Pump Inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole Dexilant	esomeprazole strontium[#], First-Lansoprazole, First-Omeprazole, Prilosec[#], Protonix[#]
Ulcer Agent Kits	Any one of the following preferred brands: Omeclamox-Pak, Pylera	Prevpac
Miscellaneous		
Antigout Agents	Colcrys	Mitigare, colchicine
	allopurinol	Uloric, Zurampic
Ophthalmology		
Ophthalmic Antihistamines	Any one of the following generics or preferred brands: azelastine olopatadine Pataday	Bepreve, Lastacraft
Ophthalmic Antiinflammatory Agents	Bromsite	Prolensa[#]

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Condition	Step 1	Step 2
Respiratory		
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, Zyflo, Zyflo CR
Long-Acting Bronchodilators	Any two of the following preferred brands: Advair, Breo Ellipta, Serevent, Symbicort	Arcapta[#], Striverdi Respimat[#]
	Both of the following preferred brands: Incruse Ellipta, Spiriva	Seebri Neohaler[#]
Long-Acting Bronchodilator Combinations	Any one of the following preferred brands: Advair, Breo Ellipta, Serevent, Symbicort AND any one of the following preferred brands: Spiriva	Bevespi Aerosphere[#], Utibron Neohaler[#]
Urology		
BPH Agents	Any two of the following generics or preferred brands: alfuzosin, doxazosin, tamsulosin, terazosin Rapaflo	Cardura XL

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Step therapy requirements are effective as of January 1, 2018. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

† These agents are also subject to additional step requirements as indicated in table.

Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

* Applies to new starts only



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