

Mental Health and Substance Abuse Services



Mental health disorders are real, common and treatable. Many people diagnosed with mental illness achieve strength and recovery through participating in individual or group therapy. There are many different treatment options available. There is no one treatment that works for everyone – individuals can choose the treatment, or combination of treatments, that works best for them. Union Health Service offers treatment for substance abuse and drug abuse through our residential and outpatient programs for adults and youth. Our members have access to high-quality mental health services. Speak to your physicians about services that are available.